Maternal Child Nursing Clinical Experience III
PN 115
PN 116 Clinical Segment
PN 116 Theory Segment
84 Hours
20 Hours

Place and Time of Class Meeting
Palms Medical Group
Various locations (TBA individually)
Clinical hours: 8:00AM- 5:00PM
Dr Daina Greene
449 SE Baya Dr.
Lake City, Fl 32025

Name and Contact Information of Instructor
Debi O’Hearn BSN,RN
Cell: 501-952-0735
Email: debiohearn@gmail.com

Book required
(Express Training Services recognizes the use of the textbook in the classroom as part of the educational methodology and strategy applied in diverse materials. The textbook is part of the curriculum and is used to reach the student in an effective manner in the classroom. Every student is expected to acquire and use the textbook.)

Foundations of Nursing, 3rd Edition
White/Duncan/Baumle
Cengage Learning: September 17th, 2011

Classroom expectations for students
Attendance Policy
Clinical days may not be missed and must be made up. Two make up clinical days will be permitted per class unless there are extenuating circumstances.

Students with extenuating circumstances, including but not limited to, hospital confinement, personal problems, and extended illness, may appeal to the Director of Admissions for any exceptions to the absence rule. Documentation of the extenuating circumstances may be required.
Student Tardiness Policy

A student is considered tardy/late if he/she comes to class five minutes late. With three tardies the student accumulates one full absence. If the student misses half of the class period, it is a full absence. When a student has more than 6 tardies, the instructor will contact the Coordinator of Student Affairs and Academic Department and request an intervention session with the student. The goal of the intervention session is to develop and implement an intervention program to help students learn new ways to save and manage time.

NOTE: Plagiarism is defined as the use, without proper acknowledgment, of the ideas, phrases, sentences, or larger units of discourse from another writer or speaker. Plagiarism includes the unauthorized copying of software and the violation of copyright laws. Students who commit plagiarism will obtain a grade of “Failure” on their exam or assignment.

Course Description

Description: The purpose of this course is to provide the student practical nurse with a variety of clinical opportunities within the maternal child clinical settings. The practical nurse’s role in assisting with the patient care plan and the importance of clear, concise observation, reporting and documentation is stressed. Content includes the admission and discharge process, practical nursing skills, aseptic procedures, labor and delivery process, surgical procedures, postpartum, and newborn care. Common and complex conditions affecting childbirth will be discussed and care of patients will be applied in practical acute care settings. The importance of maintaining the nutritional needs of antepartum, laboring, and post-partum patients, as well as the newborn infant will be learned and applied in the clinical setting. Medication theory related specifically to maternal-child nursing will be learned in the classroom and applied to practice in the clinical setting in a progressive manner. An emphasis on a family centered holistic approach to nursing care will be stressed at all times. The concept of how and why to involve the family in education is included with the curriculum material.

Prerequisite: Successful completion (grade of B or better) of PN115

Learning Objectives

Upon completion of this course, students will be able to:
1. Recognize pediatric developmental tasks.
2. Identify variations in vital signs associated with the different age groups.
3. Demonstrate basic nursing skills associated with pediatric developmental stages and safety measures to include, medication administration, vital sign collection, positioning pediatric patients for various procedures.
4. Demonstrate a safe environment.
5. Use therapeutic communication with children and their families.
6. Discuss client care priorities and the nursing process during post conference.
7. Recognize and document findings in school nurse environment.
8. Use infection control methods.
10. Discuss the role of an LPN in the school nurse environment and the outpatient pediatric clinic.
### WEEK 1

**TOPIC(S)**
- Discuss experiences and personal feelings while in assigned clinical environment
- Identify own learning needs and weaknesses
- Discuss maternity patient needs and documentation of care

**LEARNING ACTIVITIES**
- Introduction data gathering in the outpatient office setting
- Discussion about personal feelings and needs of clients
- Gather basic vital signs, urine collection and weight measures as asked.

**OUT OF CLASS WORK ASSIGNMENTS**
- Review techniques for therapeutic communication.
- Review objectives for next week.
- Review the clinical evaluation tool.
- Complete site visit sheet explaining the experiences of the day.

**SPECIFIC OBJECTIVES**
- Recognize the physical layout of the clinical area of the outpatient clinic.
- Describe the outpatient clinical experience.
- Explain the outpatient clinic setting regarding time of clinical experience, privacy policies, protocols regarding treatments and use of electronic clinic records.
- Demonstrate familiarity with the usual routines for the office.
- Demonstrate and practice proper handwashing techniques.
- Demonstrate and continuously practice principles of proper body mechanics.
- Demonstrate familiarity with collecting and documenting client data.
- Demonstrate skill in observing and participating in therapeutic communication when interacting with staff or patients.
- Demonstrate principles of infection control.
- Demonstrate the objectives from last week.
- Identify the role of the licensed practical nurse as provider of care and manager of care in an outpatient clinic setting.
- Use the electronic medical recording system at the institution assigned.
- Demonstrate care according to the client's plan of care.
- Use therapeutic communication techniques.
- Demonstrate proficiency with obtaining vital signs including apical pulse, lung sounds when needed.
- Evaluate interaction of staff and data collection involved in prenatal appointments.
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| Explain to a patient the need for follow up visits  
Explain the scheduling of various prenatal tests and why they are done  
Assess pre-diabetic and diabetic mothers' blood sugar level as needed  
Assess maternal and fetal health through taking and recording fetal heart rate with doppler | Discuss the importance of a trusting nurse/patient relationship  
Summarize adjustments to pregnant state  
Discuss family adjustments to upcoming delivery  
Explain patient education regarding diet, exercise and safety | Review objectives for next week.  
Review institution policies for monthly and weekly prenatal care.  
Examine policy for collection of student records in clinic. | WEEK 3 |

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| Discuss experience and personal feelings  
Discuss need for increased caloric intake as labor approaches  
Identify changes in BP that indicate a possible health concern | Identify reasons routine tests done during prenatal visits  
Provide documentation demonstrating use of nursing skills  
Assist client with any clinic based testing to include non-stress tests  
Educate patient in finding relief from common pregnancy discomforts  
Review immunization records and Rh type  
Calculate EDC/EDD  
Use the GPTAL information and chart accordingly  
Encourage patients to take multivitamins per physician orders | Review objectives for next week.  
Review institution policies for monthly and weekly prenatal care.  
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| LEARNING ACTIVITIES | • Identify dilation verses effacement  
  • Discuss when to go to hospital if in labor  
  • Explain alterations in fetal heart rate related to possible rupture of membranes  
| OUT OF CLASS WORK ASSIGNMENTS | • Review the normal prenatal processes and experiences.  
  • Review objectives for next week  
| DATE | • WEEK 4  
| SPECIFIC OBJECTIVES | • Demonstrate the objectives from last week.  
  • Explain impending labor and the stages associated with labor  
  • Demonstrate ability to provide early and late prenatal care for a pregnant woman in the clinic  
  • Discuss when and how long to time contractions  
  • Discuss postpartum care of the mother  
  • Demonstrate newborn care, including cord care and possible circ care  
  • Recognize fear and anxiety concerns of the pregnant woman related to impending labor  
  • Explain the importance of prenatal care, childbirth education and labor preparation  
| TOPIC (S) | • Discuss the feeling of patient about impending labor  
  • Identify the need for nesting in the later days of pregnancy  
  • Discuss labor and the stages associated with labor  
  • Explain what educational opportunities are in the community for siblings  
  • Identify needs and provision for breastfeeding and infant care post delivery  
  • Explain postpartum care of the mother  
  • Demonstrate newborn care, including cord care and possible circ care  
  • Discuss ongoing health education and preparation for vaginal delivery and possible c-section  
  • Explain medication options  

LEARNING ACTIVITIES

• Identify the role of the clinic nurse in patient education
• Plan an educational poster to leave for the nurse's office about newborn or breast care postpartum

Instructional Methods

Hands on clinical application of theory in the outpatient clinic and clinic setting
Worksheets and Site visits shared to review situations student observed or participated in
Directed observation of procedures by staff

Instructional Materials and References


Assessment Criteria and Methods of Evaluating Students

Clinical skills will be evaluated through verbal communication with the student, written work and facility staff reports. Attendance and participation will be taken into account.

Distribution of Grade Elements

Clinical experience is graded on a Satisfactory- Unsatisfactory basis. Students will be evaluated on meeting clinical objectives listed in this syllabus and the clinical evaluation tool. See the clinical evaluation for further clarification. Students who receive an unsatisfactory grade for one or more objectives have not demonstrated the necessary knowledge, skills or abilities for the established level of practice. Students who receive an unsatisfactory grade for the clinical practice portion of the course receive a grade of “F” for the course.

Date Syllabus Was Last Reviewed: 6/15/2014
Clinical Ethics and Conduct

It is assumed that students are familiar with the Student Policies. Academic misconduct or disruptive behavior will not be tolerated. Examples of disruptive behavior include: Cheating, plagiarism, excessive talking, excessive late arrivals or early departures, leaving for unscheduled breaks, break in confidentiality, failure to be prepared for class activities or discussion, inappropriate language, lack of respect for diversity, use of cellular phones or any behavior that can disrupt class.

**No text messaging during clinical.** Cell phones need to be off or vibrate and cannot be carried on the site unit. They must be left in a prearranged clinical area or in your car.

**In case of an emergency, please leave the phone number of the site with the appropriate party.** Anyone found on their cell phone texting or calling without permission by the instructor or preceptor will be given one warning and if the behavior persists, asked to leave the clinical with an absence counted.

**Food and drink are not allowed to be carried around in any site.** Smoking is allowed only in a pre-determined area by the site.

Students are to report to clinical in uniforms which are neat and clean. Name badges are mandatory. Please bring a stethoscope, watch with a second hand, necessary books, pen and paper and any food items for lunch. Breaks must be taken on site grounds and are limited to 15 minutes. Lunch may be taken off site and is limited to 30 minutes. An instructor or a preceptor from the site must be notified when breaks or lunch is being taken.

Site experience forms must be completed and submitted to the instructor signed during the next class session.
Maternity Clinical Skills

Students must satisfactorily demonstrate competence on the following skills. Competence may be determined with simulation. The clinical instructor will use a Skills Check list to indicate satisfactory completion.

- Assist with admitting to labor and delivery
- Monitor contractions
- Monitor fetal heart rate
- Recognize signs of fetal distress
- Assist with preparing patient for Caesarean
- Describe care during delivery process
- Describe Apgar score
- Suction infant’s respiratory passage with bulb syringe
- Identify infant using mothers’ bracelet
- Weigh and measure infant
- Bathe infant
- Carry infant
- Feed infant
- Collect urine specimen from infant
- Provide post-partum care
- Demonstrate and perform perineal care
- Assist with breast feeding
- Assist mother with infant care
- Assist with infant circumcision
- Apply dressing to circumcision site
- Clean infant genitalia and diaper
- Discharge obstetric patient
Observational Clinical Experiences
Each day the student will complete and submit the Site Observation sheet when assigned to any of these clinical areas. Please observe that the sheets must be signed by a staff member at the site.

The Palms Medical Group and Physician Office
During the clinical experience the student will:

- Observe the role of the practical nurse in this area.
- Greet clients in a warm, friendly manner and direct clients to proper areas.
- Take and record vital signs, height and weight of client.
- Assist in assembling equipment needed for examination.
- Assist in collecting specimens as available especially urine for protein.
- Observe the comprehensive and follow-up prenatal examinations.
- Observe and assist with blood draws.
- Assist with administering RhoGam injections as needed.
- Observe and assist with postnatal assessments to include contraceptive counseling.
- Observe and assist with breastfeeding teaching in breastfeeding women.
- Learn about healthy family dynamics when a new baby joins the family.
- Observe gyn ultrasounds and non-stress tests.
- Observe all facility policies and safety protocols.
- Learn about community resources such as WIC.
### PN Clinical Evaluation

**STUDENT NAME**

COURSE ________________________________

**INSTRUCTOR**

**CLINICAL ABSENCES**

**TARDIES**

**EVALUATION:** S= SATISFACTORY   N=NEEDS IMPROVEMENT   U=UNSATISFACTORY

**KEY:**

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<tr>
<th>PROVIDER OF CARE</th>
<th>KEY</th>
<th>COMMENTS</th>
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<tr>
<td>Uses basic concepts of anatomy, physiology, drug interactions, communications, interpersonal relationships, spirituality, cultural diversity, nutrition, legal and ethical aspects of nursing to provide nursing care.</td>
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<td>Assists in collecting data for individual patients.</td>
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<td>Delivers care as delegated</td>
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<td>Adheres to agency policies and procedures</td>
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<td>Recognizes sociocultural differences affecting care</td>
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<td>Utilizes the principles of basic therapeutic communication to establish/maintain nurse-patient relationship</td>
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<td>Documents care appropriately</td>
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<td>Identifies common needs and problems and assists with the formulation of a plan of care.</td>
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<td>Implements changes in care as directed</td>
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**MANAGER OF CARE**

Accepts management direction from supervisory personnel

Understands role as a member of the health care team

Organizes and provides care for assigned patient(s) based on prioritized needs

Identifies change and brings to attention of supervisory personnel
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<th>Makes effective, efficient use of equipment and supplies while assuring quality care and patient satisfaction.</th>
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**PREPARATION**

- Demonstrates preparation for the assigned clinical experience
- Demonstrates good technique with skills

**MEMBER OF THE PROFESSION**

- Identifies behaviors and practices within an ethical framework
- Seeks guidance appropriately
- Demonstrates a positive personal and professional image of nursing
- Respects cultural differences among other health care team members
- Maintains confidentiality
- Communicates concerns related to health care delivery within the practice setting
- Assumes responsibility and accountability for care provided
- Assesses own abilities and potential and sets goals that demonstrate ongoing personal and professional growth.

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Student Signature___________________________________Instructor Signature___________________________________
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Date______________________________________________Date______________________________________________
SITE EXPERIENCE

Student Name____________________________Date____________________

Clinical Site___________________________Hour In & Signature____________________

Hour out& Signature_____________________

Must be signed by facility representative. Failure to have signature will result in student making up full clinical day. Schedule at the Palms sites is 8AM-4:30PM. Students are not allowed to leave clinical earlier without permission of faculty at Express Training Services. Students are expected to shadow and observe facility staff and ask questions attentively. Students who are allowed hands-on experience will be monitored by facility staff.

1. Describe some of the experiences you saw while at this site.
2. What new skills did you learn at this site?

3. What experiences did you encounter at this site that helped you combine and understand theory?
Site Comments for Express Training Services Students

Fax 352-240-1530

Email: Linnrmii@aol.com

Date_________________  Facility________________________Signature & Title___________________

We welcome comments about the strengths and weaknesses our students and their learning experience at your facility. Please comment on the students that you have mentored in your facility so that we can assist them in reaching their goal of becoming an LPN. Thank you for your time and effort.