

Guidelines for Holter Monitor Hook-Up

Electrode Positioning Sheet

Hooking Up The Patient- 5 Lead

- After the patient is prepared for electrode placement, follow this procedure
- V-1
 - White lead- At right sternal border, first rib
 - Red lead- At right sternalborder, 3rd rib
- V-5
 - Black lead- On fifth rib, anterior axillary line, left side
 - Brown lead- At left sternal border, first rib (opposite white lead)
- Ground lead (green)- Anywhere on lower right rib cage on a bone
- All leads- Be sure to center all electrodes directly over a bony area
- Positions may be slightly modified according to patient's anatomy

